

A journey to the frozen north

Arctic Expedition Cruises

2024

SWANHELLENIC.COM

See what others don't

Some people see things as they are, others look further. Let us take you on a journey, that will change the way you see the world. Sail to some of the most incredible, remote destinations on the planet. When you travel with us, the wonders of the world take on a richer hue.



Over 70 years of cruise expertise

That's how long we've been navigating the world's waters. Swan Hellenic is built on a passion for exploration, a reputation for safety and professionalism of the highest standard.

Boutique ships

Just you and nature, that's how you'll feel on our 5 star contemporary Scandinavian inspired ships. With open-plan design, panoramic views and a focus on wellness, they're the perfect place to relax, recharge and explore.

Intuitive service

When it comes to anticipating your needs, no request is too big or too small. To us, personal and unobtrusive service means everything from making sure you're fully equipped for an Arctic excursion to remembering your favourite gin serve when it comes to predinner drinks.

Enriching cultural expeditions

Once, we travelled to educate – professors, scientists, researchers. Over the years, we've developed a deep knowledge of the world. Today, we use this knowledge to create immersive cultural experiences that take you to the heart of a place.

A culture of care for peopl and planet

Swan Hellenic has always been passionate about our planet's rich environmental and cultural heritage It's in our name and nature, and it's what inspires us to experience the world's wild unspoilt places and explore its rich and diverse culture ancient sites and civilisations.

Tribal dance event, Papua New Guinea

Proud member of





Our focus areas

Swan Hellenic's sustainability policies are fully compliant with and exceed the cruise industry global standards governing its safety, environmental and labour aspects. In line with the UN sustainable development goals, we are focusing on the following 6 key areas.

Responsible Cruising

We are committed to preserving the beauty of the world we explore for future generations, taking urgent and innovative concrete action to reduce our environmental footprint.

Climate Action

Exploring the globe, we constantly encounter dramatic evidence of global warming and climate change. This strengthens our resolve to take urgent action - within our organisation and in the destinations we travel to - to combat their causes and mitigate their effects.





With our strong seafaring heritage, we are committed to the responsible use of marine resources for sustainable development. This is vital in promoting and conserving the health and biodiversity of the Earth's waters.

Legacies of the Land

We strive to preserve the natural and cultural landmarks that our expedition cruises explore, promoting and advancing the conservation, restoration and sustainable use of terrestrial ecosystems and historic sites for future generations.



Equality, Diversity & Inclusion

Dynamically inclusive companies and societies are key to sustainable development. As the pioneer of cultural expedition cruising, we welcome adventurers of every age, gender, orientation, nationality and interest to explore worldwide. We promote gender equity and women and girls' empowerment worldwide, and have strong internal policies that ensure our employees enjoy equal opportunities of employment and professional development, irrespective of gender, ethnicity, culture, religion, age, sexual orientation, functional ability and political view.

Thriving Communities

We build strong connections with the communities that host our cultural expedition cruises, respecting their cultural and environmental integrity, while partnering with them to generate positive impacts.

Quality Education

Education and research empower human potential. Proud of our roots in British academia, we work to support regional research initiatives, ensuring access to inclusive and equitable education and providing lifelong learning opportunities for all.

The spirit of adventure

Every Swan Hellenic sailing is an experience unto itself. Although we have an expertly designed programme for each cruise, we are always open to the unexpected. And the unexpected usually finds us.

Whether that's a migrating pod of whales feeding in an inlet that takes us slightly off course, a hungry polar bear devouring his first meal of the season on a lonely ice floe or an impromptu village celebration; these are the stories that are retold for generations.



Sirmilik National Park in Nunavut, Canada

Exploring with head and heart

Swan Hellenic pioneered cultural expedition cruising in 1954, when we accompanied members of the Hellenic Society around the famous sites of ancient Greece in the company of eminent classicists.



Explore

Every Swan Hellenic cruise is the same today as it always was, combining geographical exploration with cultural and scientific discovery. We don't just take you to explore the most extraordinary places on earth. We bring you the company of like-minded people and renowned experts, who offer eye-opening lectures and are on hand for informal questions and discussion throughout your cruise.

Experience

So when you choose Swan Hellenic to see what others don't – you can be sure you'll do so with a full perspective and real insight into the history, cultures, wildlife, flora, geology and geography of the place. Briefings before each disembarkation and recaps afterwards supplement our lectures and talks, stimulating a relaxed social environment that encourages the sharing of experiences.





Enrich

At the same time, every Swan Hellenic cruise is also full of opportunities for you to develop your creative passions, with professionals on board to support you in photography and more. A library completes the picture, with a multitude of books on every subject, for you to take your interests to another level.

It's the depth of these other dimensions that's unique to Swan Hellenic, making us the first choice of adventurous minds worldwide.

Learn from the best

Renowned in their respective fields, our onboard experts have unparalleled knowledge of the regions we visit.

From historians to naturalists, meteorologists to ornithologists, our friendly experts will offer you incredible insight into the wildlife, history and geology of the places we visit. Tap into their expertise via our extensive lecture programme, or feel free to interact with them throughout your trip. On board our boutique ship, you're likely to grab a coffee with an expert, birdwatch on the deck alongside an accomplished ornithologist, or chat with them over dinner — they're more than happy to share their knowledge with you!

SWAN





Everyone loves a beautiful landscape. But understanding its geology and how it was formed will change your perspective forever.



Ornithologists

Will you be lucky enough to spot a snow petrel? Learn from our ornithologists and be inspired to identify the incredible birds you'll see.



Activity Leaders

From kayaking excursions to hiking trips, you can count on our experienced activity leaders to guide you to remote, inaccessible destinations.



Photographers

Chat to our expert photographers and learn how to best capture movement and light in the extraordinary destinations we visit.



Marine Biologists

As you encounter whales, dolphins and other marine species, you can consult our marine biologists for fascinating anecdotes.



Naturalists

Charles Darwin may not be on board, but our experts will give you a new understanding of organisms, habitats and the natural world.



Our historians will enrich your expedition experience with incredible stories and unmatched knowledge of the places we visit.



In charge of your excursions, these leaders will make sure

these leaders will make sure you get the best opportunities to experience amazing wildlife and landscapes.



Identify plant life at sea and on land with our expert botanists, and get insights into our ecosystems and climate.

Endless ways to spend your day

There's no such thing as a typical day with Swan Hellenic. We bring you endless possibilities to tailor every moment to your interests and mood, so you'll always have your dream day on board.

Plan your perfect day

6am

Waking comfortably refreshed in your stateroom, early risers can join the team on deck for an early morning breakfast. Breathe in the invigorating Arctic air as you sip your fresh tea or coffee. What a wonderful way to prepare for the ahead exploring this icy wilderness.



8am

Get ready for another day of Arctic exploration. Today's adventures might include Zodiac cruising, kayaking through a new frozen world, searching for wildlife or perhaps disembarking and visiting one of the region's remote communities.



7am

Early risers have the time to take a fitness class or workout in our gym. Refuel with a light continental or substantial cooked breakfast – a perfect foundation for the action–packed day ahead.





2pm

There may be time after lunch for another Zodiac cruise or on-shore activity. Come face to face with impossibly large glaciers and icebergs, sail through ice-choked waterways or learn about the incredible human and natural history that shaped these lands.

4pm

12pm

Back on board, you'll have the time to share experiences over lunch, whether

Indulge in our High Seas High Tea or retreat to the comfort of your stateroom for a movie on your flatscreen TV. Sweat it out in our stunning panoramic sauna, take a dip in the pool, take a mindfulness class, or pop to the salon for a relaxing treatment.



6.30pm

Each evening a member of our expert team or a guest lecturer will talk you through the day's highlights. We will then discuss the shore excursion plans for the following day.

7pm

Time to enjoy the pleasures of elegant dining where our chefs have prepared international delights along with wines chosen by our sommelier.





9.30pm

End a perfect day with your favourite drink and a wonderful piano performance. Or head out to the deck for some stargazing under the clear night sky.



WHAT'S INCLUDED

All-inclusive experience

We've taken care of the finer details, allowing you to focus your full attention on your cultural expedition cruise experience. Our cruise fares are allinclusive, so there are no surprise extras or unexpected gratuity bills. Relax in the full knowledge that all you have to do is have a wonderful time.



- Return regional flights (for cruises starting or ending in Longyearbyen and Kangerlussuaq).
- Group transfer from the airport to the hotel the day before embarkation, from the hotel to the cruise port on embarkation day and from the cruise port to the airport on disembarkation day.
- One night pre-cruise accommodation with breakfast in a 4/5 star hotel or onboard.
- All meals onboard
- Onboard accommodation in a stateroom selected category
- 24-hour room service
- Coffee, tea, soft drinks and selected alcoholic beverages available 24-hours per day
- Lecture programmes by our experienced guest speakers
- One selected shore excursion per port of call
- Branded Swan Hellenic expedition parka and use of rubber boots in Polar Region
- Onboard gratuities & port taxes
- Selected expedition activities led by our expedition team

Enhance your experience

You also have the option of adding some extra special services to your cultural cruise experience (additional charges apply):

- Air fares (unless otherwise stated)
- Travel insurance
- Optional land programmes and hotel accomodation pre or post cruise
- Premium and private shore excursions
- Kayak and private Zodiac tours in the expedition areas

- Premium alcoholic beverages
- Spa & beauty treatments
- Laundry services
- Retail shop purchases
- Quick turnaround laundry service, allowing you to travel as light as you like

Billefjorden, Svalbard and Jan Mayen

חיינו

Svalbard: Earth's wildest outpost

Just 500 miles from the North Pole, the remote Svalbard archipelago is one of Europe's last great wildernesses. The largest island, Spitsbergen, is home to the northernmost settlement in the world – the rugged Longyearbyen.

Beyond the town, dramatic snowy peaks and enormous glaciers frame vast, seemingly endless tundra deserts and silent watery inlets choked with icebergs. For most of the year, Svalbard is a harsh and foreboding place where only the toughest forms of nature survive. Yet at the height of the Arctic summer, the sun glows through the night, wildflowers pop up across the tundra, and Svalbard comes to life.

The polar bear, often referred to as the King of the Arctic, reigns supreme in Svalbard, while walrus, reindeer, ringed seals, Arctic foxes, and seabirds are also present, as well as several whale species

M Itinerary	From → To	🃥 Ship	🛗 Night	[⊙] Departure
Arctic Islands & Fjords	Hafnarfjördur → Longyearbyen	SH Vega	13	24 June 2024
High Arctic of Svalbard	Tromso → Tromso	SH Diana	10	30 June 2024
Svalbard Explored	Longyearbyen \rightarrow Longyearbyen	SH Vega	7	7 July 2024
High Arctic of Svalbard	Tromso → Tromso	SH Diana	10	10 July 2024
Svalbard Explored	Longyearbyen \rightarrow Longyearbyen	SH Vega	7	14 July 2024
Svalbard Explored	Longyearbyen → Longyearbyen	SH Vega	7	21 July 2024
Arctic Islands & Fjords	Longyearbyen → Reykjavik	SH Vega	13	28 July 2024















M Explore the island Jan Mayen, uninhabited except for a small weather station. The highest point here is the Beerenberg volcano, which is 2,227 metres high and one of the North Atlantic's most active volcanoes. Cruise through Iceland's **rugged western fjords** and look on in awe at their steep cliffs, deep valleys and spectacular waterfalls.











Extraordinary Encounters



In Svalbard, polar bears are protected by law, and hunting them is illegal. However, given their large numbers and proximity to human settlements, polar bears are considered a threat to human safety, and strict regulations are in place to minimise conflicts between bears and humans. For example, anyone leaving the safety of a settlement must carry firearms at all times.

Whilst cruising Svalbard, you may come across the extraordinary sight of a large group (or herd) of walruses hauled on an ice floe or a sandy beach. These remarkable marine mammals are social animals and often gather in groups of hundreds. They are well known for their bulk and their distinctive tusks, which can grow up to one metre long in males. Walruses are also known for their intelligence and have been observed using tools such as rocks to open shellfish.

You might hear a herd of walruses before you see them – they are very vocal animals and can often be heard bellowing, grunting and whistling.



Only the hardiest birds have adapted to survive in Svalbard's harsh environment – and Arctic seabirds are the hardiest of all. Kittiwake, guillemot and puffin are common sightings. Gulls are also common sightings in Svalbard – look out for the glaucous gull, black-legged kittiwake and common gull. Watch for Arctic tern flying over the tundra in summer months as they hunt for insects and small invertebrates, and you may also spot Arctic skua seeking larger quarry in the form of small mammals and birds.

The blue whale is the largest animal ever to have lived, and spotting one is an unforgettable experience. They feed in the deep waters around Svalbard. The bowhead whale (or Greenland right whale) is built for the frozen Arctic, with a body that can break through ice up to 60cm thick. With a lifespan of up to 200 years.







Live it!

Zodiac safari Svalbard

In the company of renowned polar experts, set off on our water-level Zodiac boats on an exploration of Svalbard's inlets, bays and fjords on the lookout for the resilient wildlife that calls this frozen world home. We might see a lonely polar bear wandering along the shore searching for a meal or hear the bellowing of a hundred walruses in the distance. Ringed seals bask on the ice, and pods of whales swim in the abundant waters below. In the cliffs above, thousands of majestic seabirds, including guillemots, razorbills, little auks, fulmars and gulls, chatter, nest, feed and take care of their young

Included

Wilderness walk Svalbard

Svalbard summers may be short, but they're also magnificent. During these months, the eternal sun casts a magical glow over the other-worldly glacial landscapes and tundra fields. This is also when the fragile Arctic wildflowers come into their short but glorious blooming season. Summer is when Svalbard comes to life. Join your experienced polar guide on a fascinating walk through this incredible world, observing flora and fauna along the way. We'll also connect with the polar explorers of the past as we visit the preserved trapper huts of the intrepid adventurers that came before us

Included

Stepping Out

Z<u>odiac</u>

Beechey Island, Nunavut, Canada

The legends of the Arctic

Synonymous with unchartered discovery, the vast and wild Arctic has fascinated adventurers, scientists and explorers for decades.

Natural wonders range from the impossibly large icebergs of Ilulissat Ice Fjord in Greenland and the vast ice sheets and bubbling lava flows of Iceland to The Canadian Arctic, home to the elusive narwhal and to museums and memorials telling the stories of the explorers who failed and succeeded in crossing the infamous Northwest Passage.

Across the Arctic, you'll find seals, walruses, reindeer, Arctic foxes, numerous whale species, a host of birdlife and, of course, the mighty polar bear.

M Itinerary	♥ From→To	🍆 Ship	🖩 Night	⊙ Departure
Southern Greenland Discovery	Halifax → Reykjavik	SH Diana	11	21 May 2024
Iceland in Depth	Reykjavik → Reykjavik	SH Diana	8	1 Jun 2024
North Atlantic Odyssey	Reykjavik → Tromso	SH Diana	11	9 Jun 2024
Iceland in Depth	Reykjavik → Hafnarfjördur	SH Vega	8	16 Jun 2024
Sailing with the Vikings	Tromso → Amsterdam	SH Diana	12	20 Jul 2024
Iceland in Depth	Reykjavik → Reykjavik	SH Vega	8	10 Aug 2024
lceland, East Greenland and Northern Lights	Reykjavik → Reykjavik	SH Vega	12	18 Aug 2024
Greenland in-depth	Reykjavik → Kangerlussuaq	SH Vega	10	30 Aug 2024
Canadian Northwest Passage and Northern Lights	Kangerlussuaq → Kangerlussuaq	SH Vega	16	9 Sep 2024
Canadian Arctic and Northern Lights	Kangerlussuaq → Halifax	SH Vega	15	25 Sep 2024

Southern Greenland Discovery

② 21 May – 1 Jun 2024 SH Diana
• Halifax – Reykjavik II nights

Embark on an unforgettable journey through the dramatic landscapes of the North Atlantic on this 11-night expedition cruise. Begin in Canada's charming maritime region, sailing from vibrant Halifax to Saint John's and historic L'Anse-aux-Meadows. Next, we'll discover Greenland's traditional ways of life and striking landscapes, visiting the picturesque towns of Qaqortoq, Narsarsuaq, and Aappilattoq marvel at the raw beauty of Prins Christian Sund and Skjoldungen's icy wilderness. Finally, relax at sea before experiencing Iceland's iconic contrasting landscapes – the beautiful and historical Westfjords region and sleek, modern Reykjavik.



5 Unmissables

Discover L'Anse aux Meadows, the only authenticated Viking site in the Americas, where Leif Erikson, the first European to explore Canada's east coast, resided around 1021.

M Explore Kujataa in Greenland, and witness the innovative Norse and Inuit farming practices that sustained them in this harsh Arctic environment at the edge of an ice cap.

Marvel at the raw power and beauty of the majestic Greenland Ice Sheet and explore the icy landscape with its towering glaciers.

Keep your eyes peeled for bearded seal while exploring the pristine landscapes of Greenland.

M Experience Aappilattoq, a colourful village on Prince Christian Sound, where the Inuit harmoniously coexist with their rugged surroundings.



NOTE: The July 29th departure operates in reverse order

Iceland in Depth

⊙ 1 – 9 Jun 2024* → SH Diana
⊙ 10 – 18 Aug 2024 → SH Vega
• Reykjavik – Reykjavik → 8 nights

Experience the wild and fantastic landscapes of lceland – the land of fire and ice. Circumnavigate the geologically active island, looking out for majestic whales, to see the puffin capital of the world. Along the way, we will discover the phenomena of fjords, spectacular waterfalls and never–ending volcanic scenery. Discover lceland's oldest houses and meet locals who are proud of their traditional heritage such as fishing or eiderdown making. Hike to thundering waterfalls, duck under the spray of spouting hot geysers, spot Atlantic puffins and trek across harsh landscapes.

5 Unmissables

M Embrace Iceland's fiery spirit as you explore its volcanic landscapes. Learn about the devastating eruptions of the past and watch bubbling lava flow from the county's active volcanoes.

M In contrast is the whites and blues of the deep glacier waters, thundering waterfalls, enormous glaciers and majestic icecaps.

Listen to the thunderous roar of **Dynjandi waterfall** and cruise along remote fjords.

M Cross into the Arctic Circle on Grimsey Island – the northernmost inhabited point in Iceland.

M Take some time to explore cosmopolitan **Reykjavík**. This compact yet quirky city is home to a fantastic foodie scene, eye-catching architecture and an impressive collection of museums and art galleries.



Cute sheep in Iceland

Extraordinary Encounters



Since the first settlers arrived in the late 9th century, Iceland's whales have been integral to the country's economy, culture, and in the early days, survival. Whaling in Iceland remained big business until the beginning of the 21st century. Thankfully, the appetite for whale meat has since waned and Icelanders are more interested in observing and studying these ocean giants from afar. Iceland is now regarded as one of the best places in the world for whale watching.

Minke whales are the most commonly sighted whales in Iceland, and many live in the waters year-round. Acrobatic humpback whales, playful white-beaked dolphins and shy harbour porpoises can also be seen during the summer months. Iceland's orcas are transient, so their whereabouts is usually unknown, making them more difficult to spot, but you may get lucky, especially around the Snaefellsnes Peninsula and East Fjords regions.


Live it!

Akureyri & Goðafoss Waterfall Akureyri, Iceland

From Akureyri, we'll travel to the spectacular Godafoss waterfall – striking to observe and steeped in fascinating Nordic history. It was here in 1000AD that Thorgeir of Ljosavatn, a prominent Norse priest, decided that Christianity would become the official Norse religion. He subsequently threw all of the statues of the pagan gods into the waterfall. Hence the waterfall was named Godafoss (Waterfall of the Gods). Returning to Akureyri, we'll continue with a short tour of the pretty town before stopping at the Botanical Gardens, famed for its 2,000 species of local and exotic plants and flowers. Included

Jökulsárlón Glacier Lagoon Cruise & Scenic Drive Djúpivogur, Iceland

We'll travel along southeast Iceland's striking coastline as we make our way to the beautiful Jökulsárlón Glacier Lagoon. The lagoon is regarded as one of Iceland's most incredible natural wonders and has appeared in several movies, including Tomb Raider, Batman Begins and several James Bond films. Icebergs calve from the nearby Breiðamerkurjökull and Vatnajökul glaciers, creating an impressive mosaic of black, blue and white ice. Get a close-range view of these stunning giants on a cruise on the lagoon before heading to the charming village of Höfn

Optional

Stepping Out



North Atlantic Odyssey

9 Jun – 20 Jun 2024 SH Diana
Reykjavik – Tromsø II nights

Explore Iceland's volcanic landscapes and the breathtaking Lofoten Islands on this unforgettable cruise. Set sail from Reykjavik to circumnavigate the land of fire and ice, and witness Arctic phenomena, such as the midnight sun, breathtaking fjords, and volcanic scenery teeming with seabirds. Then discover the remote Lofoten Islands, an archipelago just above the Arctic Circle known for breathtaking scenery, before your cruise ends in Tromsø.

5 Unmissables

Listen to the thunderous roar of **Dynjandi Waterfall** as it tumbles down a series of ever-growing castcades.

M Take in the soft glow of the midnight sun above the **Arctic circle**.

Witness the dramatic Latrabjarg cliffs, Europe's largest seabird cliff.

Discover the architecture of Bodo, a **cultural Arctic city** rebuilt in modernist "reconstruction" style.

W Visit Reine, one of the world's most scenic spots with red fisherman's cabins against a black granite backdrop.

Day	Visiting		
0 1	Reykjavik		
2	Cruising Látrabjarg Cliffs	LET'S TALK	
2	Dynjandi Waterfall	The Inuit language of Kalaallisut is	
3	Isafjordur, Vigur Island	an official language of Greenland,	
4	Grimsey Island & Hrisey Island Husavik	alongside Danish	
6	Bakkagerði (Borgafjordur)		
6	Seydisfjordur		GEOLOGY IN ACTIC
7	At Sea		Iceland is one of the m
8	Bodø		geologically active plac on earth - 30 of its 13
9	Svartisen, Svartisen Glacier		volcanoes have erupte
10	Reine, Leknes Lofoten	Ports, port order and itinerary duration may vary, for the most up-to-date details see swanhellenic.com	the last 900 years
11	Svolvær, Trollfjorden	the most up-to-date details see swannellenic.com	
0 12	Tromso		
GREEN	NLAND	GREENLAND SEA	
	Vigur Island Grimsey	SEA Island Svolva Lekne	s o

Sailing with the Vikings

⊙ 20 Jul – 1 Aug 2024 • Tromsø - Amsterdam

👝 SH Diana 🖩 12 nights

Cruise through spectacular scenery on this unforgettable voyage as our expedition ship visits the places it was built to explore, slipping into tiny harbours and iconic fjords from Norway's longest to one of the narrowest that a ship can navigate. We head south from Tromsø enjoying long days and the soft glow of the midnight sun. We'll sail the Lofoten Islands, along tiny channels, past mighty glaciers, around rugged headlands, snaking through emeraldgreen fjords. As we arrive in Amsterdam, you'll have experienced some of Norway's wildest and unspoilt scenery.



airport/hotel pre-cruise

hotel/port

5 Unmissables

So many fjords, each more breathtaking than the last. From the vast Atlantic Ocean, you'll sail through two of Norway's longest fjords and into its mountainous interior. You'll also cruise along the World Heritage Listed **Geirangerfjord** in pursuit of the mighty Briksdal Glacier.

Wisit the preserved medieval stave churches that are still present in some of the coastal towns. Most of these wooden churches were built between 1150 and 1350.

M Cross into the Arctic Circle as you make your way to the Arctic town of Tromso – a real bucket list achievement.

Cruise through the famously narrow and steep **Trollfjorden** and look up in awe at the steep mountainsides – you can almost reach out and touch them from the ship.

M Stop in at Tromso's **Polar Museum**. The museum tells the stories of brave trappers (men and women) who survived impossible winters in this hostile place.



port/airport

Extraordinary Encounters



On the island of Lånan, the eider duck is king. Located in the Vega Archipelago, halfway along Norway's coastline, it's all about the eider ducks here. The islanders who help look after the birds relocate to Lånan between April and July to carry out maintenance tasks and prepare for the arrival of the nesting ducks. They prepare nests from seaweed and do all that they can to ensure a successful nesting season.

Once the ducks have arrived and the eggs have been laid, their keepers will patrol the area for predators like mink, otters and crows. In June, the hatchlings will appear, and the mother and ducklings will leave a few weeks later. And then it's time to collect the harvest – the precious eiderdown. This symbiotic relationship that the islanders have with the ducks is a cultural heritage that has existed for generations and one that they are proud to continue.

Live it!

Discover the Norwegian Aquaculture Centre Bronnoysund | Norway

Discover the history of the Norwegian fish farming industry on a fascinating tour of the Norwegian Aquaculture Centre in Toft. Get an insight into modern aquaculture and learn how technology is used to transform a salmon, from egg to fish. There's even an opportunity to feed the fish, and try an underwater camera to see them up close. Included

Kayaking the Geirangerfjord Geirangerfjord | Norway

Embark on a scenic tour of Geirangerfjord by kayak on this optional tour. Glide through pristine waters, catch a glimpse of the Seven Sisters waterfalls, and learn about the fjord's natural wonders from your guide on a gentle adventure that will stay with you forever. **Optional**

Zodiac

Kayaking

Hiking, Norway

Iceland, East Greenland and Northern Lights

Discover two of the planet's last true wilderness areas on this unforgettable polar expedition. Begin with an exploration of Iceland's untamed Westfjords region before crossing the Denmark Strait into Scorebysund, Greenland's vast fjord system – the largest in the world. Take in the dramatic, unspoiled landscapes and experience Inuit culture at Ittoqqortoormiit, one of the most remote towns in the world.

Returning to Iceland, explore East Iceland's small villages and dramatic coastlines. And further south, learn about Heimaey Island's dramatic history. Finish up in cosmopolitan Reykjavík, reflecting on your Arctic odyssey as you explore the city's fabulous foodie scene and cultural delights.



Extraordinary Encounters



Around 40% of the muskoxen in the world live in Greenland, and they like to forage along the coast, so you have a good chance of spotting some of these incredible bison-like mammals on your cruise. These gentle giants can weigh up to half a tonne and are one of the few hooved animals to have survived the last ice age. They are thought to have been wandering across the tundra for over a million years, which explains their very prehistoric demeanour. They are well adapted to the Arctic environment, and their thick layered coats can keep them warm in temperatures as low as -40C.



Pompei of the North Heimaey Island

On this tour, we'll learn about the 1973 volcanic eruption that changed the course of Heimaey's history and explore the lava fields left in its wake. Leaving Heimaey's buzzing port behind as we make our way to the Herjólfsdalur valley, we'll find the ruins of old Viking houses dating back to 900 AD. Continuing to the western part of the island, we'll have the opportunity to view the other Westman Islands before visiting the Eldheimar Museum to learn more about the 1973 eruption.

Included

Horseback Riding in the Eastern Fjords Seydisfjordur

Enjoy a scenic drive to the family-run horse farm Skorrahestar, where you will get an insight into the story of the remarkable Icelandic horse breed. Join a riding tour led by expert local guides and get a taste of Icelandic folklore and history along the way.

Optional





Greenland in-depth

③ 30 Aug – 9 Sep 2024 SH Vega
P Reykjavik – Kangerlussuaq II 0 nights

Discover the rugged majesty of Greenland's rocky coastline and the warmth of its resilient communities. Here, traditional ways of life carry on against a backdrop of stunning arctic scenery and immense mountains. Navigate through intricate fjord systems and learn about the ways of the Vikings as you explore ancient ruins that pepper the landscape. Search for migratory seals, humpback, and bowhead whales as you explore these wild shores. Join us on our voyage to a fascinating and varied part of Greenland, one of the world's last great adventures.



	Day	Visiting
0	1	Reykjavik
	2	At Sea
	3	Skjoldungen
+	4	Prins Christian Sound & Aappilattoq
+	5	lvigtut
+	6	Nuuk (Godthab)
+	7	Sisimiut
+	8	llulissat
+	9	Disko Bay
0	10-11	Kangerlussuaq, Greenland

Ports, port order and itinerary duration may vary, for the most up-to-date details see swanhellenic.com

5 Unmissables

№ Navigate the remote and stunning Skjoldungen Fjord – a narrow fjord surrounded by rugged peaks, calving tidewater glaciers and brightly coloured dwarf and willow trees. Look out for the abandoned Inuit dwellings scattered along the shores.

Sail through Prins Christian Sund - the steep-sided 100km fjord that separates the mainland from the **Cape Farewell Archipelago**. Choked with ice for most of the year, the narrow route is only accessible in the summer.

Sail near the Ilulissat Ice Fjord, a UNESCO World Heritage Site. Marvel at the thousands of massive stranded icebergs at Disko Bay at the end of the fast-moving glacial stream – an awe-inspiring sight.

M Explore the lively town of Ilulissat and pay a visit to the fascinating museum, the beautiful wooden **Zion's Church** and the traditional kayak displays.

Wisit the remote colourful **fishing towns** that are dispersed along Greenland's rugged west coast. Wander the charming streets as locals hunt, fish and go about their daily lives in these friendly communities.



Extraordinary

Although much of Greenland is covered in ice, several iconic Arctic species thrive on its land and in its skies and waters.

The ringed seal is a common sighting. These tough little mammals have adapted extremely well to Arctic life and can be spotted feeding, playing and resting along the icy fjords. The cunning (and very cute) Arctic fox is widespread throughout Greenland. These resourceful creatures will stalk polar bears hoping to get a few scraps of what's left behind from the bear's next kill.

The Greenland sled dog is synonymous with East Greenland and is one of the purest and most isolated dog breeds in the world. These dogs are known for their strength, willpower and resilience.

Live it!

Sisimiut Sightseeing Drive Sisimiut

Discover the way of life in Sisimiut as you drive past its buildings. Learn about the city's culture and history whilst making some interesting stops along the way, then take in the incredible view of the mountains and sea from the Sisimiut's highest point. Included

Helicopter Flightseeing to Ilulissat Glacier Ilulisat

Discover the source of the Ilulissat's icebergs as you soar over the Greenland Ice Sheet. Take to the skies and enjoy the bird's eye view of this incredible land of ice as we make our way to the Sermeq Kujalleq – the most productive glacier in the northern hemisphere. **Optional**





Canadian Northwest Passage and Northern Lights

9 – 25 Sep 2024 SH Vega
Kangerlussuaq – Kangerlussuaq

Follow in the wake of the great explorers of the past on your own quest through one of history's most notorious sea routes. Explore Baffin Bay in the Canadian Arctic before navigating part of the famous Northwest Passage. Look out for mighty polar bears feeding on the shore as you navigate deep fjords, listening to the haunting sound of creaking icebergs. Your voyage will take you to a region that has been visited by some of history's greatest explorers, including John Franklin, James Ross and Norwegian Roald Amundsen - the first person to successfully sail through the Northwest Passage. You'll also visit friendly Inuit communities, learning how these hardy people make a living in this hostile place.

5 Unmissables M Sail near the Ilulissat Ice Fjord, a UNESCO World Heritage Site and take in the sight of thousands of massive stranded icebergs at Disko Bay - an awe-inspiring sight. M Stop in at the lively town of Ilulissat and pay a visit to the fascinating museum. the beautiful wooden Zion's Church and the traditional kayak displays. M Explore the ruins of the ancient Thule settlements - the predecessors to the modern Arctic Inuit. Day Visiting M Delve into the fascinating history Kangerlussuaq, Greenland 1 of Northwest Passage exploration. 2 Sisimiut Learn about Sir John Franklin's fateful 3 llulissat expedition at the Beechey Island 4 Qegertarsuag At Sea permafrost burial sites. 5 6 Pond Inlet, Nunavut Dundas Harbour & Croker Bay Wisit the abandoned Hudson Bay 7 8 Radstock Bay & Beechey Island Company trading post at Fort Ross in 9 Port Leopold, Elwin Bay Nunavut. The store was only in operation 10 Fort Ross & Bellot Strait for eleven years before closing for good 11 Cruising Peel Sound, Coningham Bay in 1948. 12 At Sea 13 Sam Ford Fjord Qikiqtarjuaqis . 14 15 At Sea 16-17 Kangerlussuaq, Greenland Ports, port order and itinerary duration may vary, for THE LONG WAY AROUND the most up-to-date details see swanhellenic.com The first crossing of the Northwest Passage took Radstock Croker Roald Amundsen and his Beechev Bay Dundas Bay crew three years Conningham Island Harbour Bay 00 GREENLAND Peel Sound 6 Port Leopold Pond Inlet Elwin Bay Qegertarsuaq Fort Ross & (Disko Bay) **Bellot Strait** 0 Ollulissat LABRADOR Sisimiut Sam Ford • SFA 0 **INDIGENOUS** Qikiqtarjuaq 0 LEGACIES Kangerlussuag Around fifty per cent of the Canadian Arctic's population consists of CANADA indigenous communities transfer one night transfer cruise transfer regional transfer regional

airport/hotel pre-cruise hotel/airport

flight

airport/port

flight

port/airport

Extraordinary Encounters



A visit to Canada's Baffin Island might be the only chance you'll ever get to spot the elusive narwhal. And even then, it's not guaranteed. They definitely live up to their moniker, 'unicorns of the sea', and not just because of their singular long tusks, but also because of their almost mythical status.

However, if you find yourself in the right place (Baffin Island's floe edge) at the right time (summer) with the right people (our world-class expedition team), you might just get lucky. And if you do come across a pod, it can be a life-altering experience. Narwhals tend to gather in large groups of up to 1,000 individuals. Catching a glimpse of one of the world's most secretive marine mammals in such vast numbers is a sight that's bound to stay with you for a very long time.

And if you don't come across any of these mysterious creatures, don't be disheartened. The Arctic waters are home to over 17 species of whale, including belugas, bowheads, grey whales and humpbacks – many of whom are a little less crowd-shy.



Live it!

Sermermiut and Icefjord Centre Discovery Ilullisat

Explore the abandoned settlement of Sermermiut, which housed its first residents as long as 4,000 years ago. We'll also visit the lcefjord Centre to learn more about Greenland's natural and human history. Take in the panoramic view of the icefjord below from the rooftop.

Included

Radstock Bay and Beechey Island Tour Nunavut, Canada

Explore the shores of Radstock Bay with our knowledgeable expedition team – here, we'll visit Caswell Tower. Beneath this stone outcrop are several Thule-era archaeological sites. Next, we'll head to Beechey Island, where Sir John Franklin and his crew lived out their final days following the infamous ill-fated expedition.

Included



Canadian Arctic and Northern Lights

Start your cruise above the Arctic Circle, where the summer sun never sets, on this exploration of the west coast of Greenland and northern shores of Canada. As you set sail from Greenland, gaze in awe at the ice-filled straits and deep fjords crammed with gargantuan icebergs before observing some of the Arctic's most iconic wildlife in Baffin Bay. The remote Northern Canada coast around the province of Nunavut is a haven for caribou and polar bears who roam the treeless tundra. Meet the friendly indigenous Inuit people and listen to the stories of their ancestors in these rugged lands. Then discover ancient Norse sites in Newfoundland as the ship traces a path to Nova Scotia. Day

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

6 16

0

Visiting

At Sea

llulissat

Sisimiut

At Sea

laaluit

Hebron

At Sea

At Sea

Bonne Bay

Qegertarsuag

Nuuk (Godthab)

Lady Franklin Island

L'Anse aux Meadows

Halifax, Nova Scotia

Torngat Mountains National Park

Kangerlussuaq, Greenland

5 Unmissables

Look on in awe at the imposing, glistening glaciers as they make their way from the ice-choked Illulissat Icefjord to **Disko Bay.**

M Take in all that the lively Arctic town of Ilulissat has to offer – pay a visit to the fascinating museum, stop in at the beautiful wooden Zion's Church and marvel at the **traditional kayak displays**.

Explore Nunavut's friendly yet faraway capital, **Iqaluit** – a dynamic city steeped in culture – where traditional Arctic life coexists with modern living. Visit Nunatta Sunakkutaagngit Museum to learn more about local lnuit life.

M Take in the untamed wilderness, spectacular scenery, and vibrant fall colours in Nowfoundland's Torngat Mountains National Park.

Witness continental drift in action at the spectacular **Gros Morne National Park** – a UNESCO World Heritage Site.



Extraordinary Encounters

With its diverse topography, the rugged and remote Baffin Island is home to some of the most sought-after animals in the Arctic. Caribou, polar bears, Arctic wolves and lemmings can be found on the island year-round. And ringed seals (a favourite polar bear meal), harp seals, walrus, beluga whales, bowhead whales and elusive and rarely sighted narwhals all inhabit the surrounding Arctic waters.

000

In the summer Baffin Island attracts a variety of migrating bird species, including several species of geese, waders and Arctic tern.

Live it!

Sermermiut and Icefjord Centre Discovery Ilullisat

Explore the abandoned settlement of Sermermiut, which housed its first residents as long as 4,000 years ago. We'll also visit the lcefjord Centre to learn more about Greenland's natural and human history. Take in the panoramic view of the icefjord below from the rooftop.

Included

Tablelands Hike: A Rare Piece of History Bonne Bay

The unique Tablelands overlooking Bonne Bay in Woody Point prompted the designation of Gros Morne National Park as an UNESCO World Heritage Site. Visit the Gros Morne Discovery Centre to learn about the forces of nature that shaped this area of Newfoundland, then Continue to the Tablelands, where an easy hike will allow you to see the exposed Earth's mantle.

Optional





A new class of exploration

Immerse yourself in breathtaking panoramic views, elegant interiors, and sophisticated onboard facilities.

Our fleet of 5-star boutique ships – SH Minerva, SH Vega and SH Diana – have taken expedition cruising to new heights. Built in the Helsinki Shipyard in Finland, these ships combine the latest in expedition technology with stylish, sophisticated design. Featuring elegant interiors, wide unobstructed views throughout the ship and dedicated expedition facilities for a remarkable travel experience. Explore off-the-beaten-track destinations in style and comfort as you take in the scenery from a panoramic sauna, warm up in an outdoor hot tub, dine in a world-class restaurant, and unwind in an elegant stateroom. This is boutique cruising at its finest.





Boutique cruising at its finest

SH Minerva, SH Vega, and SH Diana are sister ships designed to navigate the most inspiring, inaccessible places on earth. All the while offering guests an immersive, 5-star experience.

SH Minerva & SH Vega

I17 crew
 152 guests
 9 decks

SH Diana

- 🙎 127 crew
- 192 guests
- 🗁 9 decks

The interiors are spacious and tasteful, with plush furnishing and floor-to-ceiling windows that give you unobstructed views of some of the most incredible landscapes in the world. On board, savour international cuisine imagined by renowned chefs, unwind in a sophisticated stateroom and make full use of state-of-the-art spa, fitness and expedition facilities.



The Swan Restaurant

As the main venue for breakfast, lunch and dinner, our 152–seat restaurant serves international and local cuisine focussed on quality regional ingredients from the unique destinations we visit.



Club Lounge

Vibrant and welcoming, The Club Lounge acts as a hub, combining 24 hour tapas inspired dining with panoramic views of the ocean glittering below.



Sauna with a View

Head to Deck 8 for the best views in the world. After a work out in our state-of-the-art gym, relax in our sauna or jacuzzi and take in those breathtaking vistas along the way.



Observation Lounge

After a day of exploration, where better to relax than in the Observation Lounge? Sit back, savour your favourite tipple whilst getting to know your fellow guests.



Alfresco Dining & Heated Outdoor Pool

On Deck 7, you'll find a heated outside pool along with pool side seating from where you can enjoy stunning scenery.

SH Vega

Our elegant 5-star ships offer a boutique home-from-home. With a chic Scandinavian-inspired design and world-class technology, you'll experience an expedition cruise like no other.

Stateroom Category:

Oceanview D4:	4
Oceanview M4:	12
Balcony D5:	8
Balcony M5:	22
Balcony D6:	24
Suite:	4
Premium Suite:	2

Ship Specification:

Guest Capacity
Staff
No. of Decks
Staterooms
Length
Breadth
Gross Tonnage
Service Speed
3rd Guest Capacity
4th Guest Capacity
Connecting
Staterooms
Wheelchair Accessible
Staterooms
Propulsion

Registered Lifeboats Zodiacs 152 117 9 76 372ft (113.5m) 79.7ft (24.3m) 10.617 12 knots ▲

 $(20m^2)$ $(20m^2)$ $(25m^2)$ $(25m^2)$ $(25m^2)$ $(40m^2)$ $(47m^2)$

↔ & 415 Hybrid Diesel Electric, Polar Class PC5 Panama 2 (fully closed)

10 MK5

2 MK6





Deck 9 Stargazing Deck

> Deck 8 Gym Sauna

Jacuzzi

Spa Bridge









Shop Swimming Pool Pool Bar & Grill Club Lounge Observation Lounge

Deck 6

Premium Suites Suites Balcony Staterooms D6 Swan's Nest



Deck 5

Balcony Staterooms D5, M5 Suites



Deck 4

Reception Laundrette Swan Restaurant Oceanview Staterooms D4, M4

Deck 3

Clinic Library Basecamp Beauty Salon Expedition Lab

SH Diana

The largest 5-star ship in our fleet, SH Diana (named after the Roman goddess of light, the moon, hunting and the wilderness) is elegant, spacious and built to explore the Mediterranean's famous sites of antiquity and beyond.

Stateroom Category:

Oceanview D4:	6 (20m²)
Oceanview M4:	14 (20m²)
Balcony D5:	12 (25m²) 🔵
Balcony M5:	25 (25m²) 🔵
Balcony D6:	29 (25m²) 🔵
Junior Suite:	4 (32-36m²)
Suite:	4 (41m²) 🔵
Premium Suite:	2 (41m²) 🔵

Ship Specification:

Guest Capacity 192 127 Staff No. of Decks 9 Staterooms 96 409.7ft (124.9m) Length 79.7ft (24.3m) Breadth **Gross Tonnage** 12.255 Service Speed 12.5 knots **3rd Guest Capacity** Connecting Staterooms Wheelchair Accessible 🗄 419, 635 Staterooms Propulsion

Registered Lifeboats Zodiacs Tenders

 \wedge Hybrid Diesel Electric, Polar Class PC6 Liberia

4:4

2 (fully closed) 14 MK5 2 ODC Marine





-



Deck 9 Stargazing Deck

Deck 8

Gym Sauna Jacuzzi Spa Beauty Salon Bridge

Deck 7

Swimming Pool Pool Bar & Grill Club Lounge Card Room Observation Lounge

Deck 6

Premium Suites Suites Junior Suites Balcony Staterooms Swan's Nest



Deck 5

Balcony Staterooms Junior Suites Suites



Deck 4

Swan Restaurant Reception Oceanview Staterooms Launderette

Deck 3

Marina Deck Zodiac Boarding Basecamp Library Expedition Lab Clinic Laundry



Your home away from home

Relax in the understated elegance of your stateroom or suite. A sophisticated blend of muted tones, natural textures and intuitive technology, the Scandi-inspired design seamlessly blends the natural world with exceptional comforts. The variety of lighting options and crackling holographic fire offer the perfect option for cozy evenings, and the floor to ceiling windows and balcony doors ensure that sunsets and surprise sightings won't be missed.

Your perfect space

Each of our beautifully designed staterooms has everything you need for a pampered stay. Fluffy robes, spacious dressing and seating areas, and ample storage, as well as a well-stocked minibar and a personal safe.

The desk in your room is the perfect place to plan the next day's adventures, and you won't miss a wildlife sighting with your Nikon telescope. Glassenclosed rain showers with luxury personal care products transform your ensuite into a personal spa.

Onboard stateroom suite. Suite sizes and categories vary by ship.

Amenities in your cabin

- Welcome Champagne bottle
- Snacks
- Stocked minibar with soft drinks & beer
- Illy Espresso coffee machine with coffee pods
- Tea kettle and Kusmi tea bags
- Free Wi-fi connection, subject to

satellite reception

- TV service
- Hair dryer
- Towels for cabin, swimming pool and gym
- Bathrobe
- Bedroom slippers
- High quality toiletries by Lajatica, custom made for our selection onboard. These include hand soap, shower gel, shampoo, conditioner and body lotion.



Premium Suite

SH Diana \rightarrow 41m² (441ft²) including balcony

SH Vega \rightarrow 47m² (506ft²) including balcony

Sleeps 4

Premium Suites have a king size bed, separate living room, and flame-effect fireplace. There's also a luxurious ensuite bathroom – with separate bath tub and shower – walk-in wardrobe, and a 8–12m² (86– 129ft²) private balcony.



Suite

SH Diana \rightarrow 41m² (441ft²) including balcony

SH Vega \rightarrow 40m² (431ft²) including balcony

Sleeps 4

Suites feature a king size bed, and have a separate living room, with a flame-effect fireplace. There's also a luxurious ensuite bathroom – with separate bath tub and walk-in shower – and a 5–10m² (54–108ft²) private balcony.



Junior Suite

SH Diana \rightarrow 32–36m² (344–388ft²) including balcony

Sleeps 2/3

Junior Suites are only available on SH Diana, and feature a king size bed, separate living room area, luxurious en-suite bathroom, and a 6m² (65ft²) private balcony.



Balcony 25m² (269ft²) including balcony Sleeps 2/3

Balcony Staterooms feature two single beds or a double bed, bedroom with living room area, a luxurious bathroom, and a 5m² (54ft²) private balcony.



Oceanview 20m² (215ft²) Sleeps 2/3

Oceanview Staterooms feature two single beds or a double bed, a bedroom with living room area, and a luxurious bathroom.

Book your Arctic expedition cruise

The wilds of the Arctic have fascinated adventurers and explorers for decades. The many who attempted and ultimately failed to cross the infamous Northwest Passage experienced the fierceness of this hostile landscape to an often tragic end. When Norway's Roald Amundsen finally succeeded in 1903, it took him and his crew three years.

Today, the Arctic commands as much respect as it did in Amundsen's day – but is much more accessible thanks to world-class ship technology like ours. Stand on the shoulders of the giants who paved the way into this wild yet remarkable corner of our planet on a cultural expedition cruise in the Arctic.

Join us aboard our ice-class expedition ships to explore this last frontier – it's sure to be an extraordinary adventure.



Thanks for embracing our travel philosophy



