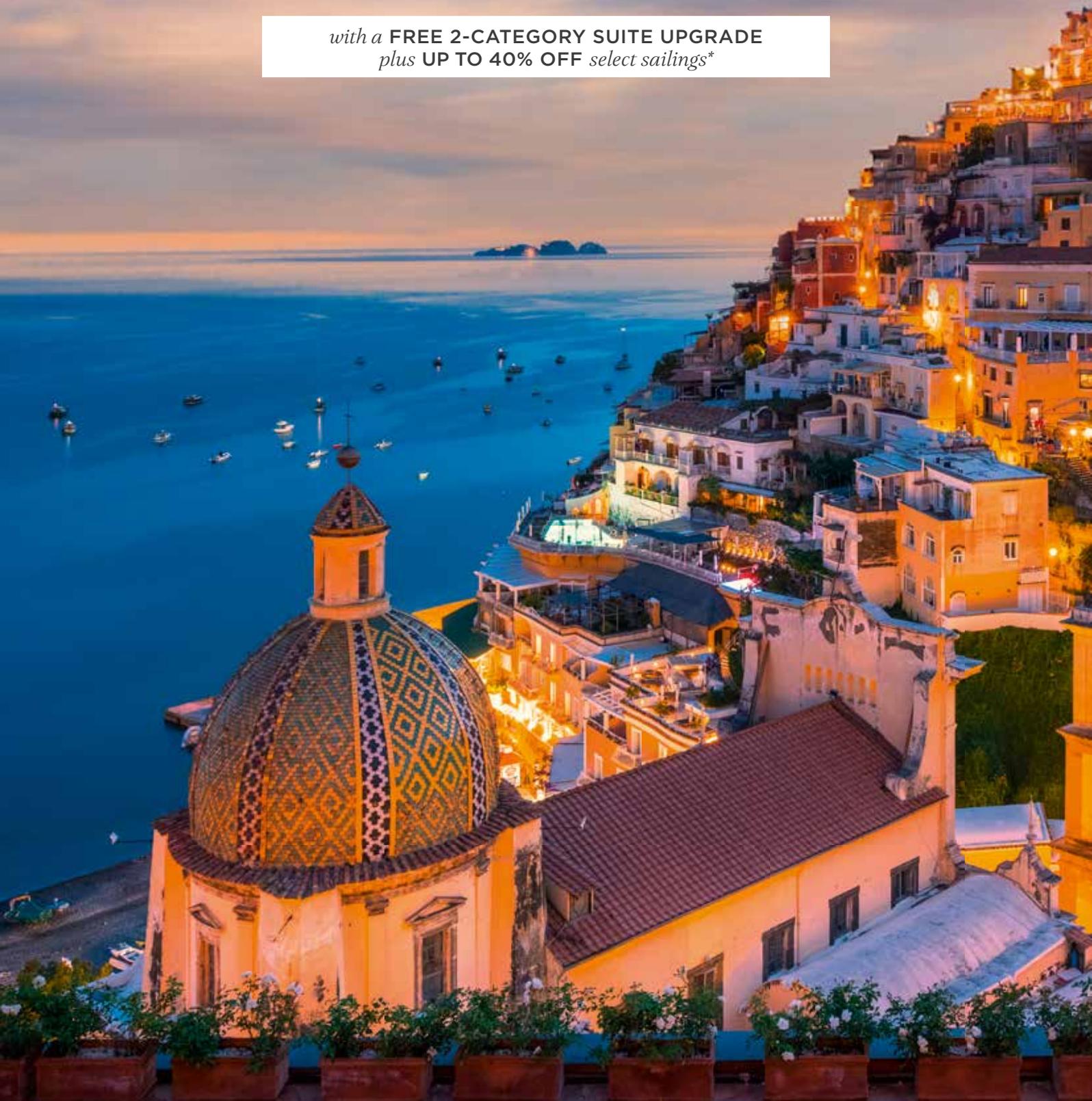


Regent

SEVEN SEAS CRUISES™

THE 2025
EUROPE
EDITION

with a **FREE 2-CATEGORY SUITE UPGRADE**
plus **UP TO 40% OFF** *select sailings**



EUROPE 2025

WHERE TIMELESS TREASURES AND SCENIC BEAUTY AWAIT

Immerse yourself in a world of awe-inspiring art, breathtaking scenery, hypnotic history, and mouth-watering cuisine. Join us aboard *The World's Most Luxurious Fleet*[™] to discover a continent abundant with culture-rich cities and striking beauty in the ideal environment to enjoy unforgettable moments.

Home to an array of scenic destinations, each with its own unique culture, history and epic landmarks, Europe boasts some of the most stunning landscapes in the world. From sunny Mediterranean beaches to gothic architecture in Barcelona and ancient wonders in Athens, our *Included & Unlimited Shore Excursions* are curated to provide you with an abundance of hand-picked ways to explore, indulge and engage your passions and interests. Once you have spent your day wandering around idyllic Italian streets, or sipping sumptuous wine in France, you can retreat on board and enjoy the luxurious hospitality and world-class service that awaits you.

Return to the spacious refinement of your suite with its deluxe hotel amenities and private balcony. Savour *Epicurean Perfection*[™] with every meal, and relax with intuitive service. This is your exhilarating escape, and every moment is yours to experience to the fullest.

There is no better time to book your 2025 European getaway with our exceptional offer of a **FREE 2-CATEGORY SUITE UPGRADE plus **UP TO 40% OFF** select sailings and suites.**

FOR MORE INFORMATION
CONTACT YOUR TRAVEL ADVISOR





THE MOST INCLUSIVE LUXURY EXPERIENCE®

always INCLUDED

UNLIMITED SHORE EXCURSIONS

EXQUISITE DINING INCLUDING
ALL SPECIALITY RESTAURANTS

UNLIMITED DRINKS, FINE WINES,
CRAFT COCKTAILS, SPECIALITY
COFFEES & MORE

UNLIMITED ACCESS TO SPA FACILITIES

PRE-PAID GRATUITIES

UNLIMITED WIFI

VALET LAUNDRY SERVICE

24-HOUR IN-SUITE DINING

1-NIGHT PRE-CRUISE HOTEL PACKAGE
IN CONCIERGE SUITES AND HIGHER

PERSONAL BUTLER FOR AN ELEVATED
IN-SUITE EXPERIENCE IN PENTHOUSE
SUITES AND HIGHER

Terms and conditions apply.

THE MOST INCLUSIVE LUXURY EXPERIENCE®

FLEXIBILITY IS THE ULTIMATE LUXURY

For over three decades, Regent has offered the *Most Inclusive Luxury Experience™*, whether on land or at sea. Our comprehensive included luxuries, available on every voyage, have been carefully curated to optimise your cruise holiday. We'll tend to every detail of your journey from start to finish, so you can enjoy the relaxed elegance and comfort aboard *The World's Most Luxurious Fleet™*, as well as the heartfelt hospitality delivered by our incredible crew who not only care for you, but about you.

For an even more seamless journey, guests residing in Belgium and the Netherlands have the option to upgrade to our Ultimate All-Inclusive Fare. Find out more from your Travel Advisor or call +44 23 8082 1350.



always INCLUDED FOR YOUR **COMFORT**

- Spacious oceanview suites, 99% with a private balcony
- Ample storage space with generous walk-in closets in 99% of suites
- Spacious marble & stone detailed bathrooms, many with double vanities
- Personalised service with industry leading crew-to-guest ratios
- Butler service in Penthouse Suites & higher

always INCLUDED FOR YOUR **ENJOYMENT**

- Unlimited shore excursions
- Unlimited beverages, fine wines, craft cocktails, speciality coffees & more
- Exquisite dining including all speciality restaurants at no added cost
- Customisable in-suite mini bar replenished daily with your preferences
- Open bars and lounges and dynamic entertainment and enrichment experiences
- Unlimited access to spa facilities

always INCLUDED FOR YOUR **CONVENIENCE**

- Unlimited WiFi
- Pre-paid gratuities
- Valet laundry service allowing you to pack light and explore more
- 24-hour in-suite dining
- 1-night pre-cruise hotel in Concierge Suites & higher†
- Experienced concierge staff to cater to your 'off-menu' personal requests





ENRICHING EVERY MOMENT

EXPANDING YOUR WORLD

With travel comes discovery. Whenever we set sail, the opportunity to learn something new is at hand. To make it that much easier — and even more luxurious — speakers and experts often join our voyages and journeys to share their learnings and insights from their years of study and experience. Guests sailings aboard *Seven Seas Explorer*® can also take a class in the Culinary Arts Kitchen with one of our chef-led experiences; the perfect way to expand your culinary repertoire and learn new skills.

REST & REJUVENATE

Health is holistic, and at *Serene Spa & Wellness*™, you can experience a harmonious blend of services and treatments*. Our incredible team is highly experienced in ensuring that each guest's wellness journey is bespoke and unparalleled. From the moment you step into the spa, our seasoned therapists can guide you through our globally inspired therapies, be it indulgent facials, relaxing massages or hot stone treatments. In addition to this oasis of calm, our professional trainers are on hand, ready to tailor workouts to your goals and needs in our state-of-the-art fitness centre.

**Additional charges apply*

SAVOUR EPICUREAN EXPERIENCES

Dining experiences in our speciality restaurants are a symphonic production of exquisite flavours and impeccable service with the direction of the maitre d', the creativity and precision of the chef, the discernment of the sommelier and the rhythm of the wait staff. This expertise extends into your room for a course-by-course, in-suite dining experience, an exquisite afternoon tea, a casual alfresco lunch by the pool and evening fine dining experiences you will want to linger over.

ENTERTAIN, ENRICH & ENJOY

Our incredible Cruise Directors bring their personal touch to each voyage for a balance of entertainment and guidance throughout your cruise. You can be as active or leisurely as you wish, with a daily quiz, workouts, sports challenges, crafts, golf and more on offer during sea days, or simply the pure temptation of a comfy recliner, good book and cocktail by the pool. Evenings light up with an unforgettable array of shows from world-class creators and masterful performers. Thrill to the grandeur of full-scale musical numbers, cabaret acts and guest performances by comedians, musicians and more.



“The warm welcome of the crew envelops you like a member of a very special family. From afternoon tea to elegant dinners, fine wines to gorgeous cocktail creations, all in an upscale, casual atmosphere – it’s unforgettable. I’m looking forward to our next cruise.”

— *Kevin M. Seven Seas Society®*
Bronze Member



THEATRE,
SEVEN SEAS NAVIGATOR®



POOL DRINKS
SEVEN SEAS VOYAGER®



SPANISH RIVIERA





RONDA, FROM MÁLAGA
SPAIN

RICH HISTORY AND WILD BEAUTY

The Spanish Riviera is an enchanting destination, offering a unique blend of cultural richness, natural beauty, and vibrant local life. Stretching along the Mediterranean coastline, the Spanish Riviera is famed for its sun-kissed beaches, picturesque seaside towns, and glamorous resorts, drawing visitors from around the globe in search of relaxation and elegance. From the vibrant port city of Málaga in the heart of the Costa del Sol, to the captivating city of Alicante and the enchanting capital of Andalusia, Seville, you'll find relaxation and cultural experiences in abundance.



Breathtaking vistas of Andalusia

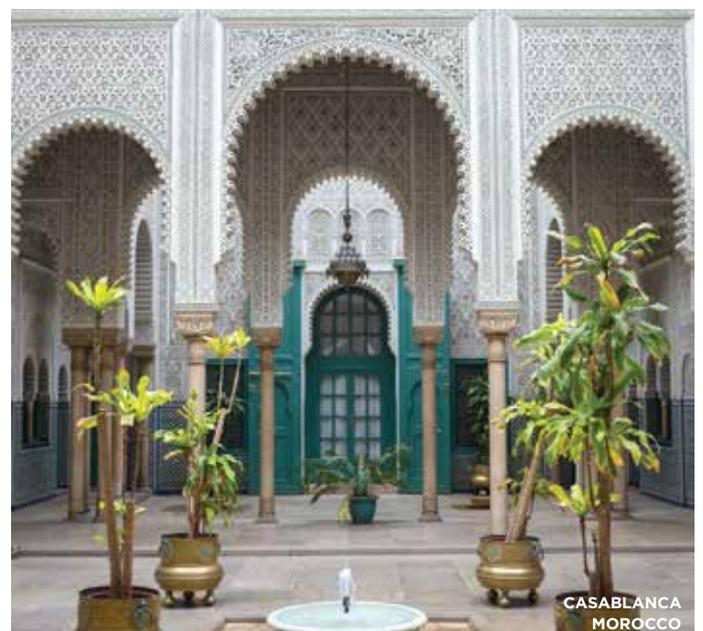
Adorning Spain’s most southerly region, Andalusia draws travellers in with romantic cities and breathtaking scenery. Take a charming tour of the **White Villages of Andalusia** to capture the true spirit of the serene location, or trail high above the glorious Guadalhorce River, hiking along a narrow pathway clinging to the face of the precipitous El Chorro Gorge on our **King’s Gaze Hike & Tapas** tour. For stunning scenery opt for a cable car and guided walk on The Rock and see Gibraltar’s legendary vistas, caves, and defensive tunnels on the **Upper Rock Walking** Tour.

Fiery Flamenco & fabulous food

Filled with passion, colour and romance, Flamenco dancing is a centuries-old art form deep-rooted in culture. During the **Flamenco & Ole on the Tropical Coast**, the rousing dance is performed while you enjoy a traditional Andalusian lunch at a family-owned restaurant and sip on cava sparkling wine. For a truly extraordinary and inventive meal, savour our **Traditional Food & Flamenco Penas** in Seville featuring what Chef Ugurtas calls ‘regenerative Mediterranean cuisine’.

Mystical Morocco & Melilla

The **Highlights of Casablanca** excursion takes you on a magical journey through the vibrant Central Market, where you will revel in the sumptuous sights and scents and enjoy the animated negotiations. Marvel at the Moorish and art deco-influenced French Colonial architecture and gaze in awe of the huge Hassan II Mosque. Or discover an unexpected Spanish city on the Moroccan coast and learn how Spain has defended its interests in Melilla over the centuries with our **History of Melilla Military** excursion. ■



DISCOVER *more...*

with **REGENT CHOICE SHORE EXCURSIONS**

Regent Choice Shore Excursions deliver another level of engagement. Their unique itineraries and smaller group formats require a discounted, supplementary charge, which is why we make sure to only select opportunities that go beyond the marvellous experiences of our *Included & Unlimited* Shore Excursions.



Gourmet Gastronomy

CHEF LED MARKET FORAGING & ONBOARD TAPAS CLASS*

MÁLAGA, SPAIN

Experience Málaga like a gourmand, visiting the Atarazanas Central Market, meandering through the Old City and participating in an exclusive tapas cooking class, complete with sangria and local wines. After a seaside drive to Málaga's city centre with your Chef Instructor from the Culinary Arts Kitchen, stroll among breathtaking Moorish-influenced buildings to the Atarazanas Central Market, which is housed in a 14th-century shipyard. You'll admire the neo-Arabic façade's impressive mosaics and enter the market to views of colourful produce, fresh fish, hanging jamones and regional cheeses illuminated by the glass-ceilinged roof.

You'll receive a market orientation from your Chef Instructor and begin purchasing the items assigned to you and your partner, later relishing free time to absorb the lively ambiance and the myriad Spanish specialties on display. After the market visit, your group will stroll through Málaga and your Chef Instructor will acquire olive oil, wines, and other delicacies for the class. Back on board, you'll learn the art of tapas-making, featuring recipes from southern Spain and especially Málaga, all while you sip local sherry, a tasty conclusion to your gourmet journey.

View more *Regent Choice Shore Excursions* at [RSSC.com](https://www.rssc.com)

*Additional charge required



plus FREE 2-CATEGORY SUITE UPGRADE
up to a PENTHOUSE SUITE

BEAUTY ACROSS IBERIA

LISBON
- TO -
BARCELONA

Seven Seas Navigator®

DEPARTS 16 APR 2025	DURATION 7 NIGHTS	UP TO 66 EXCURSIONS
----------------------------------	--------------------------------	----------------------------------

DATE	PORT	ARRIVE	DEPART
16 Apr	Lisbon, Portugal	12:00	19:00 <i>Embark</i>
17	Portimão, Portugal	08:30	20:30
18	Seville (Cádiz), Spain	07:00	23:00
19	Gibraltar	08:00	23:00
20	Málaga, Spain	07:00	21:00
21	Melilla, Spain	07:00	17:00
22	Alicante, Spain	08:00	16:00
23	Barcelona, Spain	07:00	Debarck

NEW PORT OF CALL

ALL-INCLUSIVE CRUISE FARE

SUITE CATEGORY	WAS	NOW
DELUXE WINDOW	from... 4 999€ pp	2 722€ pp



plus FREE 2-CATEGORY SUITE UPGRADE
up to a CONCIERGE SUITE

GLORIES OF IBERIA

BARCELONA
- TO -
LISBON

Seven Seas Splendor®

DEPARTS 7 JUN 2025	DURATION 7 NIGHTS	UP TO 68 EXCURSIONS
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DATE	PORT	ARRIVE	DEPART
7 Jun	Barcelona, Spain	12:00	19:30 <i>Embark</i>
8	Cruising the Mediterranean Sea		
9	Málaga, Spain	07:00	18:00
10	Casablanca, Morocco	08:00	18:00
11	Seville (Cádiz), Spain	09:00	20:00
12	Portimão, Portugal	08:00	17:00
13	Lisbon, Portugal	08:00	
14	Lisbon, Portugal	08:00	Debarck

OVERNIGHT IN PORT

ALL-INCLUSIVE CRUISE FARE

SUITE CATEGORY	WAS	NOW
DELUXE VERANDA	from... 5 749€ pp	5 003€ pp



plus FREE 2-CATEGORY SUITE UPGRADE
up to a PENTHOUSE SUITE

FLAMENCO & JALEO

LISBON
- TO -
BARCELONA

Seven Seas Voyager®

DEPARTS 14 SEP 2025	DURATION 10 NIGHTS	UP TO 54 EXCURSIONS
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DATE	PORT	ARRIVE	DEPART
14 Sep	Lisbon, Portugal	12:00	17:00 <i>Embark</i>
15	Seville (Cádiz), Spain	12:00	20:00
16	Cruising the Alboran Sea		
17	Malaga, Spain	07:00	20:00
18	Cartagena, Spain	10:00	20:00
19	Alicante, Spain	08:00	18:00
20	Ibiza, Spain	08:00	18:00
21	Palamos, Spain	08:00	18:00
22	Sète, France	08:00	18:00
23	Cruising the Mediterranean Sea		
24	Barcelona, Spain	07:00	<i>Debar</i>

ALL-INCLUSIVE CRUISE FARE

SUITE CATEGORY WAS **7 409€** pp NOW **5 212€** pp
DELUXE VERANDA from...

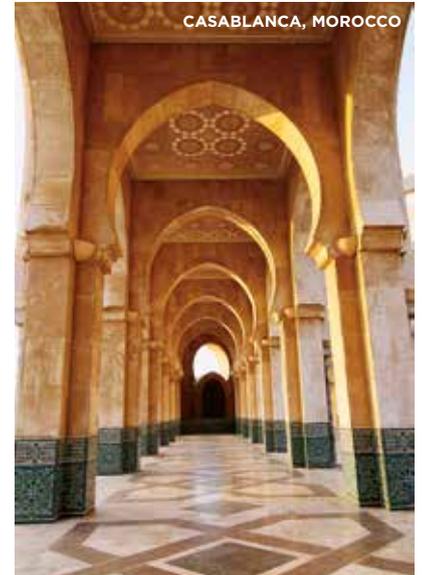
YOUR gateway TO IMMERSIVE EXPLORATION

INCLUDED & UNLIMITED SHORE EXCURSIONS EXAMPLES

HIGHLIGHTS OF CASABLANCA

CASABLANCA, MOROCCO

Explore Morocco's capital of Rabat where you'll discover the imposing Dâr-al-Makhzen, the official residence of the King of Morocco, surrounded by fortified walls that also enclose the Ahl Fas Mosque, the Collège Royal, and several government buildings. You'll examine Hassan Tower and take in the sight of the nearby Mausoleum of Mohammed V, a masterpiece of modern Alaouite architecture with a white silhouette topped by a typical green tiled roof, green being the colour of Islam.



CAPE ST. VINCENT, SAGRES & LAGOS

PORTIMÃO, PORTUGAL

Venture into the extreme southwestern tip of Europe for an unforgettable sightseeing journey resplendent with sweeping vistas, an intricate fortress, and a delightful lunch at a local restaurant. You'll take in ocean views from Cabo de São Vicente, admire a historic lighthouse, and marvel at an enormous compass rose at Fortaleza de Sagres, a National Monument of Portugal.



CADIZ WALKING TOUR

SEVILLE (CÁDIZ), SPAIN

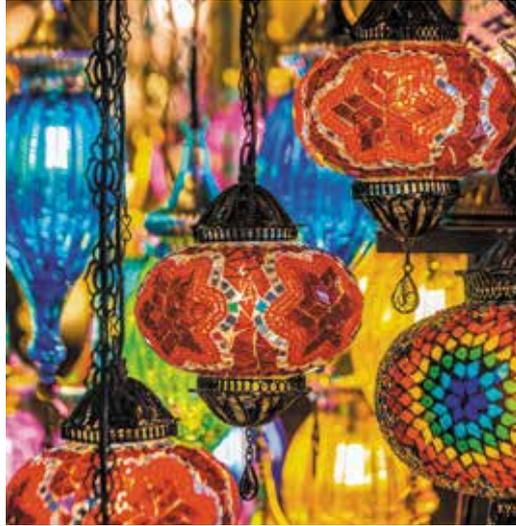
Revel in the exquisite historic plaza and picturesque scenery as you wander through the old town. The impressive cathedral, with its alluring mix of styles and gilded brick dome, invites you in to its sanctuary where you'll discover the beautiful vaults of the high altar, striking Baroque images and treasures in the museum. Meander through several Plazas in the streets and absorb the colourful ambiance of the city.

View more *Included and Unlimited Shore Excursions* at RSSC.com





GREEK ISLES



HIDDEN TREASURES

Scattered like precious gems across the Aegean and Ionian Seas, the Greek Isles are a breathtaking tapestry of culture, history, and vivid natural beauty. Steeped in myth and tradition there are a plethora of UNESCO World Heritage sites to explore, and the crystal-clear waters and pristine beaches invite relaxation and tranquillity. Whether you're walking in the footsteps of the Gods or wandering through medieval towns, Greece provides an enchanting escape that lingers in the memory long after the adventure finishes.

Further up the Adriatic Sea you'll find Slovenia, with its fairytale landscapes, Croatia with its vast coastline dotted over a thousand islands, and Montenegro, a small yet impressive Balkan country. Turkey, straddling Europe and Asia, is a country where East meets West in a harmonious blend of cultures, history, and landscape.



EPHESUS, TURKEY

Lands of legend

Visit Olympia, the site of the ancient Olympic Games and explore the magnificent UNESCO World Heritage site. Ponder the timeless significance of the stadium on the **Ancient Olympia** excursion and gaze on the Temple of Zeus, one of the Seven Wonders of the Ancient World. Or marvel at one of the best-preserved ancient cities in the world with **Ephesus and Terrace Houses**.

The glorious Roman architecture is a site to behold and the Terrace Houses are adorned with mosaics and frescoes. As well as historical legends, the heralded HBO series *Game of Thrones* was partly filmed in Dubrovnik's stunning Old Town and you'll be able to walk in their footsteps on our **Game of Thrones - Venture Through Kings Landing** excursion.

Caves of wonder

The Melissani & Drogarati Cave is a dramatic subterranean world with jagged stalactites and protruding stalagmites, more than 100 million years in the making. While **The Diros Caves** were once inhabited during the last Neolithic period with inhabitants sealed inside thousands of years ago when a violent earthquake blocked the caves. You'll float through the underground chambers in the shadow of the impressive formations, many of the names taken from mythology and local legend. The expansive Škocjan Caves features one of the largest known underground canyons in the world. Following your underground adventure you'll stop at a nearby private home to sample Slovenian wines on the **Škocjan Caves and Wine Tasting** tour.



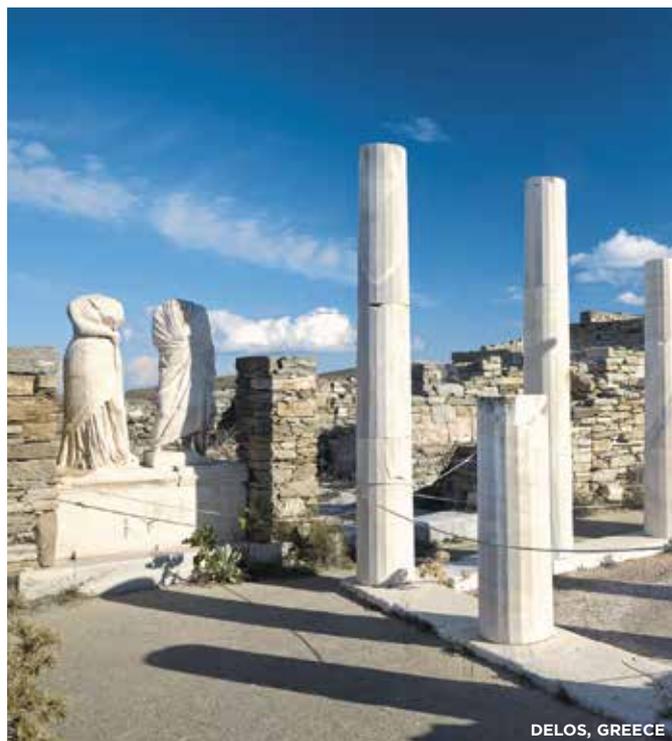
Feast like kings

The **Ancient Secrets of Crafting Greek Pies** is a culinary odyssey amidst the enchanting landscapes of Santorini. Craft the time-honoured speciality of Greek pies, as well as another delectable local speciality 'tomatokeftes', a tantalising blend of tomatoes and legumes. Or learn about **Minoan Gastronomy Through History**, discovering what ancient Minoans in Crete ate, and cook up a feast with local ingredients baked in a Minoan-style oven. For a mesmerising setting join the **Melissani, Meze & Ouzo** experience and glide across Melissani Lake with its captivating surroundings, before indulging in traditional meze and classic Greek liqueur, Ouzo. ■

DISCOVER *more...*

with **REGENT CHOICE SHORE EXCURSIONS**

Regent Choice Shore Excursions deliver another level of engagement. Their unique itineraries and smaller group formats require a discounted, supplementary charge, which is why we make sure to only select opportunities that go beyond the marvellous experiences of our *Included & Unlimited* Shore Excursions.



Scenic Sailing

DELOS & RHENIA
BY TRADITIONAL CAQUE*
MYKONOS, GREECE

Enjoy a leisurely cruise in a traditional fishing boat to the sacred island of Delos and on to neighbouring Rhenia Island for a refreshing swim in the surrounding waters. Archaeological discoveries on Delos have been so significant that UNESCO has declared the entire island a World Heritage site. As you meander through the ruins of its ancient port, which was first settled in the third millennium BC, you will behold extraordinary temples, detailed mosaic floors and roads such as the Sacred Way, which leads to the Sanctuary of Apollo. According to Greek mythology, Apollo and his twin sister Artemis were born on Delos. You may also see the Terrace of Lions, named for the Naxian marble lions that stand guard over it. Natural beauty is the primary allure of nearby Rhenia Island, which like Delos is uninhabited. During a beach break on the immensely peaceful island, you can swim in the crystal-clear waters and lounge about as you see fit.

View more **Regent Choice Shore Excursions** at [RSSC.com](https://www.rssc.com)

*Additional charge required



PLAKA, ATHENS GREECE

up to **25% OFF**

plus **FREE 2-CATEGORY SUITE UPGRADE**
up to a **PENTHOUSE SUITE**

DALMATIAN COAST DISCOVERY

ATHENS
- TO -
ISTANBUL

Seven Seas Navigator®

DEPARTS 5 OCT 2025	DURATION 14 NIGHTS	UP TO 86 EXCURSIONS
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DATE	PORT	ARRIVE	DEPART
5 Oct	Athens (Piraeus), Greece	12:00	20:00 <i>Embark</i>
6	Gythion, Greece	07:00	16:00
7	Igoumenitsa, Greece	10:30	18:30
8	Kotor, Montenegro	09:00	18:00
9	Bari, Italy	08:00	18:00
10	Dubrovnik, Croatia	07:00	15:00
11	Koper, Slovenia	11:00	18:00
12	Venice (Fusina), Italy	07:00	19:00
13	Urbino (Ancona), Italy	07:00	16:00
14	Cruising the Adriatic Sea		
15	Argostoli (Cephalonia), Greece	10:30	17:30
16	Santorini, Greece	13:00	22:00
17	Mykonos, Greece	07:00	17:00
18	Bozcaada, Turkey	07:00	17:00
19	Istanbul, Turkey	07:00	<i>Debark</i>

ALL-INCLUSIVE CRUISE FARE

SUITE CATEGORY WAS **NOW**
DELUXE WINDOW from... ~~8 889€ pp~~ **5 714€ pp**

up to **25% OFF**

plus **FREE 2-CATEGORY SUITE UPGRADE**
up to a **PENTHOUSE SUITE**

OTTOMAN EMPIRE JOURNEY

ATHENS
- TO -
ISTANBUL

Seven Seas Voyager®

DEPARTS 6 OCT 2025	DURATION 11 NIGHTS	UP TO 54 EXCURSIONS
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DATE	PORT	ARRIVE	DEPART
6 Oct	Athens (Piraeus), Greece	12:00	19:00 <i>Embark</i>
7	Santorini, Greece	08:00	21:00
8	Rhodes, Greece	08:00	18:00
9	Alanya, Turkey	10:00	19:00
10	Limassol, Cyprus	08:00	18:00
11	Cruising the Mediterranean Sea		
12	Kos, Greece	10:00	19:00
13	Aghios Nikolaos (Crete) Greece	08:00	21:00
14	Bodrum, Turkey	09:00	19:00
15	Ephesus (Kusadasi), Turkey	07:00	18:00
16	Pergamum (Dilili), Turkey	07:00	14:00
19	Istanbul, Turkey	07:00	<i>Debark</i>

ALL-INCLUSIVE CRUISE FARE

SUITE CATEGORY WAS **NOW**
DELUXE VERANDA from... ~~8 519€ pp~~ **5 699€ pp**



up to
25%
OFF

plus **FREE 2-CATEGORY SUITE UPGRADE**
up to a **CONCIERGE SUITE**

HERITAGE SITES & GREEK ISLES

ISTANBUL - TO - VENICE

Seven Seas Mariner®

DEPARTS 13 OCT 2025	DURATION 9 NIGHTS	UP TO 53 EXCURSIONS
----------------------------------	--------------------------------	----------------------------------

DATE	PORT	ARRIVE	DEPART
13 Oct	Istanbul, Turkey	12:00	18:00 <i>Embark</i>
14	Cruising the Aegean Sea		
15	Ephesus (Kusadasi), Turkey	08:00	22:00
16	Mykonos, Greece	08:00	17:00
17	Katakolon, Greece	10:00	20:00
18	Corfu, Greece	08:00	18:00
19	Kotor, Montenegro	08:00	18:00
20	Split, Croatia	08:00	18:00
21	Zadar, Croatia	08:00	18:00
22	Venice (Trieste), Italy	07:00	<i>Debarck</i>

ALL-INCLUSIVE CRUISE FARE

SUITE CATEGORY WAS NOW
DELUXE VERANDA from... ~~7 229€ pp~~ **4 792€ pp**

YOUR gateway TO IMMERSIVE EXPLORATION

INCLUDED & UNLIMITED SHORE EXCURSIONS EXAMPLES

WALKING THE CITY WALLS

DUBROVNIK, CROATIA

Entering at the imposing Pile Gate, you'll ascend the beautiful preserved ramparts, considered amongst the greatest fortifications ever built. Learn about the impressive city walls that are approximately 2.4 km long and boast four fortresses and three bastions. Meander through the Old Town, a UNESCO World Heritage site, where you can shop and explore the monasteries, palaces and numerous landmarks scattered throughout.



DUBROVNIK
CROATIA

VOLCANO, HOT SPRINGS, & WINERY VISIT

SANTORINI, GREECE

Sail aboard a caique to the islet of Nea Kameni where you'll climb to the rim of a still-active volcano and observe steam rising from the crater's walls. Take a short cruise to the invigorating thermal springs and enjoy a dip in the warm, sulphur-enriched waters. You'll be taken by coach to tour the cellars of a local winery where you'll sample three of their most celebrated wines.



SANTORINI
GREECE

ANCIENT OLYMPIA

KATAKOLON, GREECE

Set at the foot of Mount Kronos, Olympia is the legendary setting of the first Olympic Games. Explore the stadium, the largest of its day, and learn about how it has been excavated since 1829 revealing a plethora of magnificent buildings and priceless objects. You'll see another landmark, the Temple of Zeus, one of the Seven Wonders of the Ancient World, used to house a 12-meters-tall ivory and gold statue of Zeus.



OLYMPIA
GREECE

View more **Included and Unlimited Shore Excursions** at RSSC.com



EASTERN MEDITERRANEAN





MOORISH MOMENTS

The Eastern Mediterranean is a vibrant and historically rich region, encompassing the eastern part of the Mediterranean Sea and surrounding lands. With countries from Europe, Asia, and Africa, the region's diverse culture and geological tapestry is known for its ancient civilisations and historical significance. With clear blue waters, beautiful beaches and stunning coastlines, the Eastern Mediterranean enjoys a mild and pleasant climate and supports a range of flora and fauna.

It is also celebrated for mouth-watering cuisines such as Greek moussaka, Egyptian falafel, and Turkish kebabs, characterised by fresh ingredients.



Local living

Appreciate some of Cyprus's crafts and foods during our **Craft & Gastronomy – Basket weaving, Honey, Cheese** tour. You'll sample traditional delicacies and extraordinary honey with notes of thyme, eucalyptus and orange blossom and learn how long it takes to weave a single basket from reeds. Or visit **Asian Istanbul – From Kadikoy to Moda** and experience two trend-setting neighbourhoods. After exploring the streets, pause for a cup of coffee in one of the many cafés and get an authentic feel for the place.

Active adventurers

Venture out by land, road, or sea to get your adrenaline going. Take a **Kayak Adventure** along the beautiful shores of Rhodes with relaxing stops along the way to swim, snorkel or admire the scenery. Or take off on a **Bicycle Adventure in Konavle Valley** where you'll pass lush vineyards, sample local figs and cheese and venture past the breathtaking Snjeznica Mountain and Sokol Fortress. For those looking for action-packed adventure the **Limnos 4x4 Adventure** will not disappoint. Ride through the wilds admiring the spectacular scenery, then stop at Gomati beach for a refreshing swim.

Wonderful wines

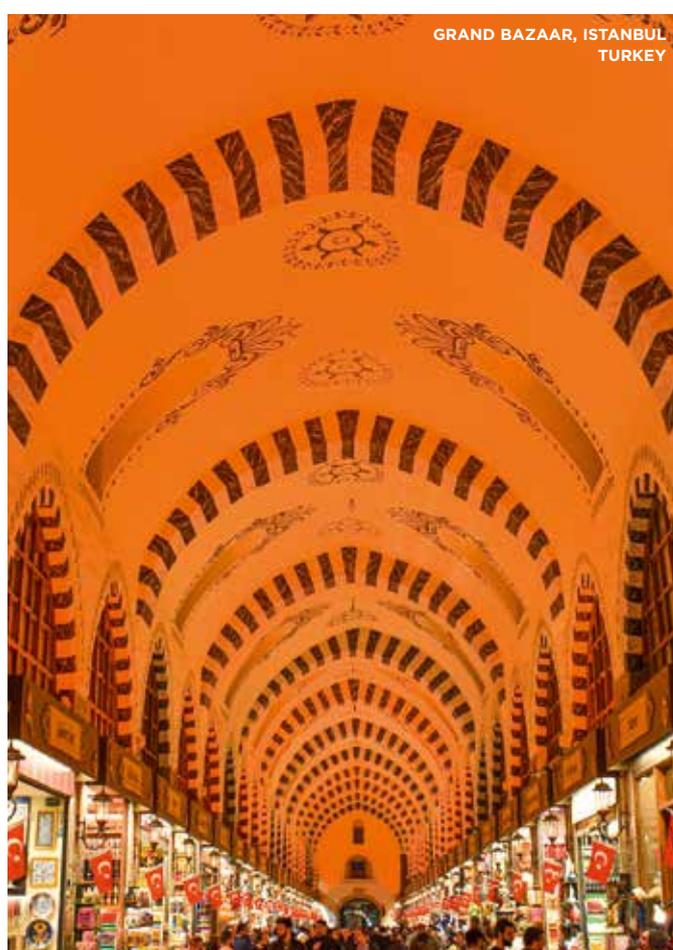
Sample **The Wine From Ancient Times**, much like those produced centuries ago, where ancient Cypriot grape varieties have been restored at three wineries. Or try perfectly-balanced **Sicilian Wines**, refined over four generations whilst enjoying a guided tour of the family-run winery cellars. Discover your favourite during a tasting of their premier vintages, perhaps an intense and lively Donnatá red. For an exploration of an undiscovered corner of Europe, the **Historical Piran & Wine Tasting** tour boasts one of the Adriatic coast's most authentic and photogenic areas. Stroll through the unspoiled Piran then visit Slovenia's largest winery. ■



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Destination Immersion

BYZANTINE HIGHLIGHTS OF ISTANBUL*

ISTANBUL, TURKEY

Explore the most iconic attractions in Istanbul, many of them erected when the city was known as the Byzantine capital Constantinople. For an introduction into that time period, you will see the world-famous Blue Mosque from outside. After passing the remains of the 3rd-century Hippodrome, you will discover the treasures within the Hagia Sophia museum. Although known for its one-of-a-kind artwork, the Hagia Sophia is even more famous for its dome, an engineering feat that was revolutionary when constructed in the 6th century. The former cathedral was once the world's largest building. Istanbul is just as fascinating underground, as you will see at an enormous ancient cistern that was built to store water for the palace. Visit the Grand Bazaar, the world's largest and oldest covered marketplace which contains more than 5,000 shops selling everything imaginable.

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*Additional charge required





PALERMO
ITALY



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GRECO-ROMAN EXPLORATION

ROME
- TO -
ATHENS

Seven Seas Splendor®

DEPARTS 1 AUG 2025	DURATION 10 NIGHTS	UP TO 54 EXCURSIONS
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DATE	PORT	ARRIVE	DEPART
1 Aug	Rome (Civitavecchia), Italy	12:00	19:00 <i>Embark</i>
2	Amalfi/Positano, Italy	08:00	18:00
3	Palermo (Sicily), Italy	07:00	17:00
4	Valletta, Malta	10:00	18:00
5	Cruising the Mediterranean Sea		
6	Bozcaada, Turkey	11:00	19:00
7	Istanbul, Turkey	08:00	
8	Istanbul, Turkey		14:00
9	Ephesus (Kusadasi), Turkey	11:00	22:00
10	Santorini, Greece	08:00	18:00
11	Athens (Piraeus), Greece	06:00	<i>Debark</i>

OVERNIGHT IN PORT

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SUITE CATEGORY	WAS	NOW
VERANDA from.....	8 889€ pp	5 977€ pp



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ANCIENT RUINS, STUNNING SCENERY

ATHENS
- TO -
ATHENS

Seven Seas Navigator®

DEPARTS 23 SEP 2025	DURATION 12 NIGHTS	UP TO 76 EXCURSIONS
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DATE	PORT	ARRIVE	DEPART
23 Sep	Athens (Piraeus), Greece	12:00	19:00 <i>Embark</i>
24	Kavala/Philippi, Greece	11:00	18:00
25	Istanbul, Turkey	11:30	
26	Istanbul, Turkey		18:00
27	Cruising the Mediterranean Sea		
28	Marmaris, Turkey	11:30	17:00
29	Alanya, Turkey	08:00	18:00
30	Limassol, Cyprus	08:00	16:00
1 Oct	Rhodes, Greece	11:00	19:00
2	Heraklion (Crete), Greece	08:00	18:00
3	Cruising the Mediterranean Sea		
4	Mykonos, Greece	07:00	17:00
5	Athens (Piraeus), Greece	07:00	<i>Debark</i>

OVERNIGHT IN PORT

ALL-INCLUSIVE CRUISE FARE

SUITE CATEGORY	WAS	NOW
DELUXE WINDOW from.....	7 499€ pp	3 947€ pp



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up to a PENTHOUSE SUITE

ARIA OF THE AEGEAN

ISTANBUL
- TO -
VENICE

Seven Seas Voyager®

DEPARTS
17 OCT
2025

DURATION
14
NIGHTS

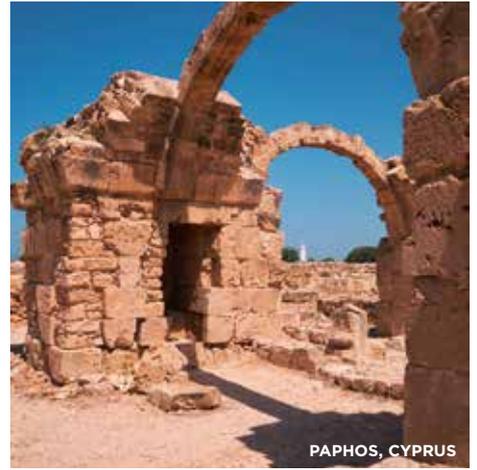
UP TO
87
EXCURSIONS

DATE	PORT	ARRIVE	DEPART	DATE	PORT	ARRIVE	DEPART
17 Oct	Istanbul, Turkey	12:00	19:00	28	Cruising the Adriatic Sea		
			<i>Embark</i>	29	Koper, Slovenia	07:00	17:00
18	Kavala/Philippi, Greece	12:30	20:30	30	Venice (Fusina), Italy	07:00	
19	Cruising the Aegean Sea			31	Venice (Fusina), Italy	08:00	<i>Debarck</i>
20	Mytilini (Lesbos), Greece	09:00	18:00				
21	Ephesus (Kusadasi), Turkey	07:00	17:00				
22	Mykonos, Greece	07:00	17:00				
23	Santorini, Greece	07:00	17:00				
24	Gythion, Greece	07:00	16:00				
25	Igoumenitsa, Greece	10:00	19:00				
26	Kotor, Montenegro	08:00	18:00				
27	Dubrovnik, Croatia	07:00	17:00				

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OVERNIGHT IN PORT



PAPHOS, CYPRUS

YOUR gateway
TO IMMERSIVE
EXPLORATION

INCLUDED & UNLIMITED SHORE
EXCURSIONS EXAMPLES

NICOSIA - THE LAST
DIVIDED CAPITAL CITY
LIMASSOL, CYPRUS

Nicosia is the last divided capital city in the world after the fall of the Berlin Wall, with Turkey and Greece each claiming half. Discover its historic heart blended with modern neighbourhoods, visit the stunning Cathedral of St. John, and browse the Cyprus Archaeological Museum. You'll catch a glimpse of the city's northern Turkish side as you pass a checkpoint on the notorious Green Line that divides Nicosia, and proceed through the impressive Venetian Walls and the imposing Paphos Gate. Finally explore the narrow pedestrian streets of Laiki Yitonia, lined with traditional homes, craft shops, taverns, and galleries.

ROMAN ALEXANDRIA
ALEXANDRIA, EGYPT

Descend into the intriguing Catacombs of Kom El Shoqafa, Alexandria's largest Roman cemetery, where more than 300 souls were interred, and discover splendid sculptures and reliefs of Egyptian gods crafted in a Roman style. Wonder at towering Pompey's Pillar, an astounding 25-metres-tall red Aswan granite column and applaud the captivating 4th-century Roman amphitheatre. You'll uncover the imprint of the Roman Empire on enthralling Alexandria, a city at the crossroads of two powerful ancient civilisations.

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ALEXANDRIA, EGYPT



ITALIAN & FRENCH RIVIERA



A TALE OF TWO RIVIERAS

The Italian Riviera is known for its dramatic cliffs, cultural heritage, and crystal-clear waters, in contrast, the French Riviera is awash with sandy beaches and luxurious resorts. Both offer stunning coastal landscapes with unique and unforgettable experiences, from refined luxury to rustic charm. With rugged scenic trails and colourful houses in Cinque Terre, glamorous jet-setting Saint-Tropez, and romantic ancient Rome, you'll never be short of something to see, do and eat.



RIO MAGGIORE, CINQUE TERRE
ITALY

Medieval marvels

Journey back to the Middle Ages and visit **Three Characteristic Medieval Villages** in some of the Costa Brava's best-preserved towns. Stroll cobblestone streets and soak up the authentic medieval atmosphere while marvelling in the architecture. Or take a guided tour of **Le Castellet & Sanary Sur Mer** with its hilltop hamlet, majestic views, and colourful port town. Enjoy the charm of **Lucca by Bicycle** and visit the Roman amphitheatre or many churches within this ancient walled city.

Glittering waters

Skim the dazzling waters of the transcendent Amalfi Coast and explore The **Emerald Grotto**, a mysterious seaside cavern brimming with vivid, aquamarine water and curiously shaped rock formations. While the **Paleokastritsa & Caves Expedition** transports you to Corfu's natural wonders lined with beautifully coloured water, each cave with its own stunning characteristics. A **Cruise to Cinque Terre** takes you past the picture-perfect villages along rocky coastline nestled between two promontories, designated as both an Italian National Park and UNESCO World Heritage site.

Tranquil moments

Enjoy the **Tranquil Alfabia Gardens**, a botanical gem, and Cultural Heritage site, containing rare species from across the globe. Meander around the cobblestone paths and look out for pomegranate trees, Spanish firs, and the adorned 72-column pergola. Take sanctuary in the tiny whitewashed Church of Agious Taxiarchis and discover the imposing **Evangelistria Monastery**, once a shelter for freedom fighters and refugees. Or revel in the illuminations of Istanbul in the evening during our **Bosphorus Sunset Cruise** where you'll gain a unique perspective of the city. ■



EMERALD GROTTA, POSITANO
ITALY



DISCOVER *more...*

with **REGENT CHOICE SHORE EXCURSIONS**

Regent Choice Shore Excursions deliver another level of engagement. Their unique itineraries and smaller group formats require a discounted, supplementary charge, which is why we make sure to only select opportunities that go beyond the marvellous experiences of our *Included & Unlimited* Shore Excursions.



Simply Sensory

EXPERIENCE THE CREATION
OF PERFUME*

CANNES, FRANCE

Craft your own scent at a renowned perfumery in Grasse, a centuries-old hilltop town surrounded by fragrant fields of lavender, orange blossoms and other alluring flowers. You'll drive through the pastoral countryside to Grasse, a medieval town nestled in the rolling foothills of the Alps-Maritimes. Learn how this region, which is blessed with an abundance of water and ideal conditions for growing aromatic plants, is considered the birthplace of French perfumes. Tour the fascinating Maison Galimard, where in 1747 the Comte de Galimard created the first pomades and perfumes for the court of King Louis XV. Under the guidance of a master perfumer, indulge in a rare opportunity to create your own perfume, choosing from over 127 essences to craft a scent that reflects your personality and style. After you've attained the perfect fragrance, you'll be invited to celebrate with a champagne cocktail before receiving your distinctive perfume in a decorative bottle.

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*Additional charge required



ROME ITALY

up to **25% OFF**

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AMAZING AEGEAN JOURNEY

ATHENS
- TO -
BARCELONA

Seven Seas Splendor®

DEPARTS 11 AUG 2025	DURATION 12 NIGHTS	UP TO 75 EXCURSIONS
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DATE	PORT	ARRIVE	DEPART
11 Aug	Athens (Piraeus), Greece	12:00	19:00 <i>Embark</i>
12	Skiathos, Greece	07:00	16:00
13	Istanbul, Turkey	11:00	
14	Istanbul, Turkey		16:00
15	Cesme, Turkey	09:00	19:00
16	Cruising the Aegean Sea		
17	Santorini, Greece	07:00	17:00
18	Cruising the Mediterranean Sea		
19	Amalfi/Positano, Italy	08:00	18:00
20	Rome (Civitavecchia), Italy	07:00	19:00
21	Monte Carlo, Monaco	10:00	19:00
22	Barcelona, Spain	13:00	
23	Barcelona, Spain	08:00	<i>Debarck</i>

OVERNIGHT IN PORT

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VERANDA from ~~8 799€ pp~~ **6 599€ pp**

up to **25% OFF**

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MYTHS & HEROES

BARCELONA
- TO -
ATHENS

Seven Seas Voyager®

DEPARTS 24 SEP 2025	DURATION 12 NIGHTS	UP TO 69 EXCURSIONS
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DATE	PORT	ARRIVE	DEPART
24 Sep	Barcelona, Spain	12:00	19:00 <i>Embark</i>
25	Toulon, France	08:30	18:00
26	Saint-Tropez, France	08:00	18:00
27	Cinque Terre (La Spezia) Italy	07:00	20:00
28	Rome (Civitavecchia), Italy	09:00	21:00
29	Naples, Italy	09:00	19:00
30	Messina (Sicily), Italy	08:00	18:00
1 Oct	Cruising the Aegean Sea		
2	Corfu, Greece	08:00	17:00
3	Dubrovnik, Croatia	08:00	20:00
4	Kotor, Montenegro	08:00	16:00
5	Cruising the Mediterranean Sea		
6	Athens (Piraeus), Greece	06:00	<i>Debarck</i>

ALL-INCLUSIVE CRUISE FARE

SUITE CATEGORY WAS **NOW**
DELUXE VERANDA from... ~~8 429€ pp~~ **5 977€ pp**



MAGIC IN THE MEDITERRANEAN

BARCELONA
- TO -
ISTANBUL

Seven Seas Mariner®

DEPARTS 1 OCT 2025	DURATION 12 NIGHTS	UP TO 104 EXCURSIONS
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DATE	PORT	ARRIVE	DEPART
1 Oct	Barcelona, Spain	12:00	21:00 <i>Embark</i>
2	Palamós, Spain	07:00	18:00
3	Provence (Marseille), France	08:00	19:00
4	Saint-Tropez, France	07:00	18:00
5	Tuscany (Livorno), Italy	07:00	20:00
6	Rome (Civitavecchia), Italy	07:00	20:00
7	Salerno, Italy	09:00	19:00
8	Cruising the Mediterranean Sea		
9	Santorini, Greece	11:00	21:00
10	Athens (Piraeus), Greece	07:00	18:00
11	Kavala/Philippi, Greece	10:00	18:00
12	Istanbul, Turkey	11:00	
13	Istanbul, Turkey	08:00	<i>Debarck</i>

OVERNIGHT IN PORT

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SUITE CATEGORY WAS **NOW**
DELUXE VERANDA from... **9 629€ pp** **6 877€ pp**

YOUR gateway TO
IMMERSIVE EXPLORATION

INCLUDED & UNLIMITED SHORE
EXCURSIONS EXAMPLES

LUCCA BY BICYCLE

TUSCANY, ITALY

Lucca, founded in 180 BC by the Romans, is surrounded by ancient red-brick walls, the best-preserved Renaissance-era defences in Europe. Unlike many towns in Tuscany, Lucca is primarily flat, making it ideal for two-wheeled exploration. You'll pedal to Piazza San Michele, where traders and silk merchants hawked their wares, view the graceful Palazzo Pretorio and the wonderful Pisan Romanesque 11th-century Church of Saint Michele in Foro and on to the elliptical Piazza Anfiteatro. Look out for the many historic churches throughout the city.



GRIMAUD & PORT
GRIMAUD

SAINT-TROPEZ, FRANCE

Explore the contemporary village of Port Grimaud, a pedestrian-friendly village designed in the 1960s to evoke Venice by means of its intricate network of canals. Delight in the arched bridges spanning the narrow waterways and colourful homes. In contrast, the medieval Grimaud, a hilltop hamlet that has retained its feudal character. The 11th-century château ruins overlook the Gulf of Saint-Tropez and the heart of the village is a warren of narrow streets lined with beautifully restored 15th-century houses painted in pastel colours and feature unusual door frames carved from black lava.



OPEN TOP PANORAMIC
ROME TOUR

ROME, ITALY

See 360° views of Rome in all its glory from the comfort of an open top bus. Take a panoramic tour around the iconic landmarks from the extraordinary Basilica of Santa Maria Maggiore, the ruins of the Colosseum and the site of the ancient chariot racetrack, Circus Maximus. Other highlights include the elaborate monument honouring the first king of unified Italy in the Piazza Venezia, the Castel Sant'Angelo fortress on the banks of the Tiber River and the Theatre of Marcellus.



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FOR MORE INFORMATION
CONTACT YOUR TRAVEL ADVISOR



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